#### Regarding: Alpha & Omega Building Services Health Insurance Open Enrollment 3/1/2020 thru 3/23/2020

Please review the New Employee Benefits packets For Health, Dental, and Vision. These plans will start 4/1/2020. All plan information can be found at <u>www.aobuildingservices.com</u> under the Employee Portal Tab.

Each of you has a personalized Alpha & Omega Building Services Employee Online Enrollment Form This will be used to either enrollment for benefits or waiving benefits. Below is what must be done by all employees:

Section 1 Please review to confirm your information is correct

Section 2 This is where you will put Dependent information if you want them to be covered with you. Dependents coverage is 100% you cost)

Section 3 Here you will select your benefits choice and who will be covered.

There are 2 Plan Groups.

Plan 1 A	United Health Care	Plan 2 A	Century HealthCare Limited Fixed Indemnity
Plan 1 B	United Health Care	Plan 2 B	Century HealthCare Limited Fixed Indemnity
Plan 1 C	United Health Care Dental	Plan 2 C	Century HealthCare Dental
Plan 1 D	United Health Care Vision	Plan 2 D	Century HealthCare Vision

You will need to put you Plan choices in the appropriate box / boxes for all that you want covered.

**Section 4** If and only if you take either United Health Care Medical (Plan 1 A or Plan 1 B) or either Century HealthCare Limited Fixed Indemnity (Plan 2 A or Plan 2 B) you need to will in your beneficiary information.

Section 5 If you do not want / need coverage put you initials in the boxes of the coverage you do not want and all that this may apply. If you do not want any coverage from either Plan 1 or Plan 2 put Waive All Coverage with reason why.

Section 6 Here you need to Sign and date

This Enrollment and Payroll deduction form needs to be returned to me the day of your enrollment meeting, or Alpha & Omega Building Services Kettering office Human Resources.

Let me know if you questions. My cell is the best way to reach me 513-602-6563.

Thanks

Robert L. Cooney EMPLOYEE BENEFITS PLUS 3386 Socialville Foster Rd. Maineville, OH 45039 Office 513-459-2255 Cell 513-602-6563 Fax 866-593-4212 rlcooney1@gmail.com

# Medical Rates for ALPHA & OMEGA BLDG SVCS INC UnitedHealthcare

Effective Date: 4/01/2020 | Customer Number 009S9107

# Plan 1 A

	AN-EQ (Simple Choice HSA) Rx Plan: 459 - HSA			
Plan Name				
Product	Choice HMO *			
Check on Doctors & Hospitals	www.Welcometouhc.com			
	Click on Find Doctor (Don't select "Currently a Member")			
Pick your Network	Select Choice HMO (Network Plan)			
	Click on Change Location (Put in your zip Code)			
	Select People or Places to verify who is in network			
HRA or HSA	HSA			
Benefits*	Network Single/Family			
Office Copay (PCP/SPC)	PCP Ded+80%, SPC Ded+80%			
Hospital Copays	OP Ded+80%, IP Ded+80%			
UC/ER/Major Diag Copay	UC Ded+80%, ER Ded+80%, MD Ded+80%			
Other	ENRP, Lab/X-Ray Ded/Coins			
Deductible	\$5,000/\$10,000 (Emb)			
Coinsurance	80%			
Out-of-Pocket	\$6,550/\$13,100			
Pharmacy	\$10/50/100/250; 2.5x for M.O. Integrated med/rx ded			
	Out of Network Single/Family			
Deductible	No Benefits			
Coinsurance	No Benefits			
Out of Pocket	No Benefits			
Enrollment				
	Rates (Billed)			
Rates	Weekly			
Employee	\$60.32			
Employee + Spouse	\$193.03			
Employee + Child(ren)	\$168.90			
Employee + Family	\$301.60			
*High level benefit summary:				
Please see your plan summa	ry for more detailed benefit description.			
POD = Benefit paid as follows:	Per Occurrence Deductible,			
then plan deductible and coinsi	urance.			
LTD # = the number of services	s covered at that copay, after the limit plan			
deductible and coinsurance will apply note PCP and SPC may be combined				

deductible and coinsurance will apply, note PCP and SPC may be combined

(see benefit summary)

Day x # = the max number of days the copay will apply

# Medical Rates for ALPHA & OMEGA BLDG SVCS INC

UnitedHealthcare

Effective Date: 4/01/2020 | Customer Number 009S9107

# Plan 1 B

	AX-PG (Premier PROformance) Rx Plan: IU		
Plan Name			
Product	Choice + Insurance *		
Check on Doctors & Hospitals	www.Welcometouhc.com		
	Click on Find Doctor (Don't select "Currently a Member")		
Pick your Network	Select Choice Plus (Network Plan)		
Click on Change Location (Put in your zip Code)			
	Select People or Places to verify who is in network		
HRA or HSA	No		
Benefits*	Network Single/Family		
Office Copay (PCP/SPC)	PCP \$15/\$0 Kid, SPC \$50/\$100		
Hospital Copays	OP Ded+80%, IP Ded+80%		
UC/ER/Major Diag Copay	UC \$25, ER \$300+Ded+Coins POD, MD Ded+80%		
Other	ENRP, Lab/X-Ray Ded/Coins		
Deductible	\$3000/\$6000 (Emb)		
Coinsurance	80%		
Out-of-Pocket	\$7150/\$14300		
Pharmacy	\$15/40/75; 2.5x for M.O.		
	Out of Network Single/Family		
Deductible	\$7500/\$15000 (Emb)		
Coinsurance	50%		
Out of Pocket	\$15000/\$30000		
Enrollment			
	Rates (Billed)		
Rates	Weekly		
Employee	\$80.37		
Employee + Spouse	\$235.13		
Employee + Child(ren)	\$207.00		
Employee + Family			
*High level benefit summary:			
Please see your plan summa	ry for more detailed benefit description.		
POD = Benefit paid as follows:	Per Occurrence Deductible,		
then plan deductible and coinsu	Irance.		
LTD # = the number of services	covered at that copay, after the limit plan		
deductible and coinsurance will	apply, note PCP and SPC may be combined		
(see benefit summary)			
Day $x # = the max number of day$	ave the conav will apply		

Day x # = the max number of days the copay will apply

COVERED SERVICES\*\*

 
 PLAN 1 C WEEKLY RATES
 Employee \$ 6.12
 Employee + Spouse \$12.25

 UnitedHealthcare®
 Employee + Child(ren) \$15.76
 Employee + Family \$23.17

 Consumer MaxMultiplier Voluntary National Options PPO 20
 X9197 /MAC
 Network/covered dental services

	NON-ORT	NON-ORTHODONTICS		ORTHODONTICS	
	NETWORK	NON-NETWORK	NETWORK	NON-NETWORK	
Individual Annual Deductible	\$50	\$50	\$0	\$0	
Family Annual Deductible	\$150	\$150	\$0	\$0	
Annual Maximum Benefit* (The total benefit payable by the plan will not exceed the	\$1000 per person	\$1000 per person	\$1000 per person	\$1000 per person	
highest listed maximum amount for either Network or Non-Network services.)	per Calendar Year	per Calendar Year	per Lifetime	per Lifetime	
Annual Deductible Applies to Preventive and Diagnostic Services	No				
Annual Deductible Applies to Orthodontic Services	No				
Waiting Period	No waiting period				
Orthodontic Eligibility Requirement	Child Only Up to Ag	e 19			

#### NETWORK NON-NETWORK **BENEFIT GUIDELINES**

PLA	<u>N PAYS****</u>	PLAN PAYS***	*
PREVENTIVE & DIAGNOSTIC SERVICES			
Periodic Oral Evaluation	100%	100%	Limited to 2 times per consecutive 12 months.
Radiographs - Bitewing	100%	100%	Bitewing: Limited to 1 series of films per calendar year. Complete/Panorex: Limited to 1 time per consecutive 36 months.
Radiographs - Intraoral/Extraoral	100%	100%	Limited to 2 films per calendar year.
Lab and Other Diagnostic Tests	100%	100%	
Dental Prophylaxis (Cleanings)	100%	100%	Benefit is not to exceed in combination with periodontal maintenance 4 per consecutive 12 months.
Fluoride Treatments	100%	100%	Limited to covered persons under the age of 16 years and limited to 2 times per consecutive 12 months.
Sealants	100%	100%	Limited to covered persons under the age of 16 years and once per first or second permanent molar every consecutive 36 months.
Space Maintainers	100%	100%	For covered persons under the age of 16 years, limit 1 per consecutive 60 months.
BASIC DENTAL SERVICES			
Restorations; Amalgam or Composite (Anterior & Posterior)	80%	80%	Multiple restorations on one surface will be treated as a single filling.
General Services - Emergency Treatment	80%	80%	Covered as a separate benefit only if no other service was done during the visit other than X-rays.
General Services - Occlusal Guards	80%	80%	Limited to 1 guard every consecutive 36 months.
General Services - Anesthesia	80%	80%	When clinically necessary.
Simple Extractions	80%	80%	Limited to 1 time per tooth per lifetime.
MAJOR DENTAL SERVICES			
Oral Surgery - Brush Biopsy	50%	50%	
Oral Surgery - Surgical Extractions	50%	50%	
Oral Surgery - Partial/Bony	50%	50%	
Oral Surgery - Other	50%	50%	
Endodontics - Pulpotomy	50%	50%	Root Canal Therapy: Limited to 1 time per tooth per lifetime.
Endodontics - Other	50%	50%	
Periodontal Maintenance	50%	50%	Benefit is not to exceed in combination with dental prophylaxis 4 per consecutive 12 months.
Periodontics - Non Surgical	50%	50%	Scaling and Root Planing: Limited to 1 time per quadrant per consecutive 24 months.
Periodontics - Surgical	50%	50%	Limited to 1 quadrant or site per consecutive 36 months per surgical area.
Periodontics - Osseous Surgery	50%	50%	Limited to 1 quadrant or site per consecutive 36 months per surgical area.
Inlays/Onlays/Crowns**	50%	50%	Limited to 1 time per tooth per consecutive 60 months.
Dentures and other Removable Prosthetics	50%	50%	Full Denture/Partial Denture: Limited to 1 per consecutive 60 months. No additional allowances for precision or semi-precision attachments.
Fixed Partial Dentures (Bridges)**	50%	50%	Limited to 1 time per tooth per consecutive 60 months.
Implant Services	50%	50%	Limited to 1 time per tooth per consecutive 60 months.
ORTHODONTIC SERVICES	_		
Diagnose or correct misalignment of the teeth or bite	50%	50%	

\* This plan includes a maximum benefit award program. Some of the unused portion of your annual maximum benefit may be available in future benefit periods.

\*\* Your dental plan provides that where two or more professionally acceptable dental treatments for a dental condition exist, your plan bases reimbursement on the least costly treatment alternative. If you and your dentist have agreed on a treatment which is more costly than the treatment on which the plan benefit is based, you will be responsible for the difference between the fee for service rendered and the fee covered by the plan. In addition, a pre-treatment estimate is recommended for any service estimated to cost over \$500; please consult your dentist.

\*\*\* The network percentage of benefits is based on the discounted fee negotiated with the provider.

\*\*\*\* The non-network percentage of benefits is based on the allowable amount applicable for the same service that would have been rendered by a network provider.

In accordance with the Illinois state requirement, a partner in a Civil Union is included in the definition of Dependent. For a complete description of Dependent Coverage, please refer to your Certificate of Coverage.

The Prenatal Dental Care (not available in WA) and Oral Cancer Screening programs are covered under this plan. The material contained in the above table is for informational purposes only and is not an offer of coverage. Please note that the above provides only a brief, general description of coverage and does not constitute a contract. For a complete listing of your coverage, including exclusions and limitations relating to your coverage, please refer to your Certificate of Coverage or contact your benefits administrator. If differences exist between this Summary Benefits and your Certificate of Coverage/benefits administrator, the Certificate/benefits administrator, will oovern. All terms and conditions of coverage are subject to applicable state and federal laws. State mandates recarding benefit levels and are limitations may supersede plan design features.

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# UnitedHealthcare

## **Vision Benefit Summary**

Customer Service and Provider Locator: (800) 638-3120

myuhcvision.com

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UnitedHealthcare vision has been trusted for more than 50 years to deliver affordable, innovative vision care solutions to the nation's leading employers through experienced, customer-focused people and the nation's most accessible, diversified vision care network. In-network, covered-in-full benefits (up to the plan allowance and after applicable copay) include a comprehensive exam, eyeglasses with standard single vision, lined bifocal, lined trifocal, or lenticular lenses, standard scratch-resistant coating and the frame, or contact lenses in lieu of eyeglasses. Members age 0-12 are eligible for a 2nd exam. Members age 0-12 are also eligible for a replacement frame and lenses if they have a prescription change of 0.5 diopter or more. The 2nd exam and replacement benefits are the same as the initial exam, frame and lens benefits.

	Exam with Materials
Benefit Frequency	
Comprehensive Exam(s)	Once every 12 months
Comprehensive Exam(s) for diabetics only	Twice every 12 months
Spectacle Lenses	Once every 12 months
Frames	Once every 24 months
Contact Lenses in Lieu of Eyeglasses	Once every 12 months
In-Netv	work Services
Copays	
Exam(s)	\$ 10.00
Materials	\$ 25.00
Retinal Screening for Diabetics	\$ 0.00
Frame Benefit (for frames that exceed the allowance, an additional 30	% discount may be applied to the overage) <sup>1</sup>
Private Practice Provider	\$130.00 retail frame allowance
Retail Chain Provider	\$130.00 retail frame allowance
ens Options	
these discounted prices at all provider locations. Please ask you	ependent Children (up to age 19) - covered in full. ed on state guidelines, lens materials and options may not be available at ir provider for details. The Lens Options list can be found at myuhcvision.com.
Other optional lens upgrades may be offered at a discount. Base these discounted prices at all provider locations. Please ask you Contact Lens Benefit <sup>2</sup>	ed on state guidelines, lens materials and options may not be available at
Other optional lens upgrades may be offered at a discount. Base these discounted prices at all provider locations. Please ask you Contact Lens Benefit <sup>2</sup> Elective contact lenses Allowance is applied toward the purchase of contact lenses.	ed on state guidelines, lens materials and options may not be available at
Other optional lens upgrades may be offered at a discount. Base these discounted prices at all provider locations. Please ask you Contact Lens Benefit <sup>2</sup> Elective contact lenses	ed on state guidelines, lens materials and options may not be available at ir provider for details. The Lens Options list can be found at myuhcvision.com.
Other optional lens upgrades may be offered at a discount. Base these discounted prices at all provider locations. Please ask you         Contact Lens Benefit <sup>2</sup> Elective contact lenses         Allowance is applied toward the purchase of contact lenses.         Materials copay is waived.         Elective contact lens fitting and evaluation         Allowance is applied toward the contact lens fitting/evaluation	ed on state guidelines, lens materials and options may not be available at ar provider for details. The Lens Options list can be found at myuhcvision.com. \$125.00
Other optional lens upgrades may be offered at a discount. Base these discounted prices at all provider locations. Please ask you         Contact Lens Benefit <sup>2</sup> Elective contact lenses         Allowance is applied toward the purchase of contact lenses.         Materials copay is waived.         Elective contact lens fitting and evaluation         Allowance is applied toward the contact lens fitting/evaluation fees.         Necessary contact lenses <sup>3</sup>	ed on state guidelines, lens materials and options may not be available at ar provider for details. The Lens Options list can be found at myuhcvision.com. \$125.00 \$30.00
Other optional lens upgrades may be offered at a discount. Base these discounted prices at all provider locations. Please ask you         Contact Lens Benefit <sup>2</sup> Elective contact lenses         Allowance is applied toward the purchase of contact lenses.         Materials copay is waived.         Elective contact lens fitting and evaluation         Allowance is applied toward the contact lens fitting/evaluation fees.         Necessary contact lenses <sup>3</sup>	ed on state guidelines, lens materials and options may not be available at ar provider for details. The Lens Options list can be found at myuhcvision.com. \$125.00 \$30.00 Covered in full after copay (if applicable).
Other optional lens upgrades may be offered at a discount. Base these discounted prices at all provider locations. Please ask you         Contact Lens Benefit <sup>2</sup> Elective contact lenses         Allowance is applied toward the purchase of contact lenses.         Materials copay is waived.         Elective contact lens fitting and evaluation         Allowance is applied toward the contact lens fitting/evaluation fees.         Necessary contact lenses <sup>3</sup> Out-of-Network Reimburg	ed on state guidelines, lens materials and options may not be available at ar provider for details. The Lens Options list can be found at myuhcvision.com. \$125.00 \$30.00 Covered in full after copay (if applicable). rsements (Copays do not apply)
Other optional lens upgrades may be offered at a discount. Base these discounted prices at all provider locations. Please ask you         Contact Lens Benefit <sup>2</sup> Elective contact lenses         Allowance is applied toward the purchase of contact lenses.         Materials copay is waived.         Elective contact lens fitting and evaluation         Allowance is applied toward the contact lens fitting/evaluation fees.         Necessary contact lenses <sup>3</sup> Out-of-Network Reimburg         Exam(s)	ed on state guidelines, lens materials and options may not be available at ar provider for details. The Lens Options list can be found at myuhcvision.com. \$125.00 \$30.00 Covered in full after copay (if applicable). rsements (Copays do not apply) Up to \$40.00
Other optional lens upgrades may be offered at a discount. Base these discounted prices at all provider locations. Please ask you         Contact Lens Benefit <sup>2</sup> Elective contact lenses         Allowance is applied toward the purchase of contact lenses.         Materials copay is waived.         Elective contact lens fitting and evaluation         Allowance is applied toward the contact lens fitting/evaluation fees.         Necessary contact lenses <sup>3</sup> Out-of-Network Reimburg         Exam(s)         Frames	ed on state guidelines, lens materials and options may not be available at ar provider for details. The Lens Options list can be found at myuhcvision.com. \$125.00 \$30.00 Covered in full after copay (if applicable). rsements (Copays do not apply) Up to \$40.00 Up to \$45.00
Other optional lens upgrades may be offered at a discount. Base these discounted prices at all provider locations. Please ask you         Contact Lens Benefit <sup>2</sup> Elective contact lenses         Allowance is applied toward the purchase of contact lenses.         Materials copay is waived.         Elective contact lens fitting and evaluation         Allowance is applied toward the contact lens fitting/evaluation fees.         Necessary contact lenses <sup>3</sup> Out-of-Network Reimburg         Exam(s)         Frames         Single Vision Lenses	ed on state guidelines, lens materials and options may not be available at ar provider for details. The Lens Options list can be found at myuhcvision.com. \$125.00 \$30.00 Covered in full after copay (if applicable). rsements (Copays do not apply) Up to \$40.00 Up to \$40.00 Up to \$40.00
Other optional lens upgrades may be offered at a discount. Base these discounted prices at all provider locations. Please ask you         Contact Lens Benefit <sup>2</sup> Elective contact lenses         Allowance is applied toward the purchase of contact lenses.         Materials copay is waived.         Elective contact lens fitting and evaluation         Allowance is applied toward the contact lens fitting/evaluation fees.         Necessary contact lenses <sup>3</sup> Out-of-Network Reimbur         Exam(s)         Frames         Single Vision Lenses         Lined Bifocal Lenses	ed on state guidelines, lens materials and options may not be available at ar provider for details. The Lens Options list can be found at myuhcvision.com. \$125.00 \$30.00 Covered in full after copay (if applicable). rsements (Copays do not apply) Up to \$40.00 Up to \$40.00 Up to \$40.00 Up to \$40.00 Up to \$60.00
Other optional lens upgrades may be offered at a discount. Base these discounted prices at all provider locations. Please ask you         Contact Lens Benefit <sup>2</sup> Elective contact lenses         Allowance is applied toward the purchase of contact lenses.         Materials copay is waived.         Elective contact lens fitting and evaluation         Allowance is applied toward the contact lens fitting/evaluation fees.         Necessary contact lenses <sup>3</sup> Cut-of-Network Reimburg         Exam(s)         Frames         Single Vision Lenses         Lined Bifocal Lenses	ed on state guidelines, lens materials and options may not be available at ar provider for details. The Lens Options list can be found at myuhcvision.com. \$125.00 \$30.00 Covered in full after copay (if applicable). rsements (Copays do not apply) Up to \$40.00 Up to \$40.00 Up to \$45.00 Up to \$40.00 Up to \$40.00 Up to \$60.00 Up to \$80.00
Other optional lens upgrades may be offered at a discount. Base these discounted prices at all provider locations. Please ask you         Contact Lens Benefit <sup>2</sup> Elective contact lenses         Allowance is applied toward the purchase of contact lenses.         Materials copay is waived.         Elective contact lens fitting and evaluation         Allowance is applied toward the contact lens fitting/evaluation fees.         Necessary contact lenses <sup>3</sup> Out-of-Network Reimburg         Exam(s)         Frames         Single Vision Lenses         Lined Bifocal Lenses         Lined Trifocal Lenses         Lenticular Lenses	ed on state guidelines, lens materials and options may not be available at ar provider for details. The Lens Options list can be found at myuhcvision.com. \$125.00 \$30.00 Covered in full after copay (if applicable). rsements (Copays do not apply) Up to \$40.00 Up to \$40.00 Up to \$40.00 Up to \$40.00 Up to \$40.00 Up to \$60.00 Up to \$80.00 Up to \$80.00

Discounts	
	rs members access to discounted laser vision correction providers. Members can receive discounts on laser edures. For more information, visit myuhcvision.com.
program is available a and that UnitedHealth	etwork provider you will receive up to a 20% discount on an additional pair of eyeglasses or contact lenses. This fter your vision benefits have been exhausted. Please note that this discount shall not be considered insurance, care shall neither pay nor reimburse the provider or member for any funds owed or spent. Additional materials do sed at the time of initial material purchase.
	e vision plan member, you can save on custom-programmed hearing aids when you buy them from ring. To find out more go to UHCHearing.com. When placing your order use promo code MYVISION to get the

<sup>1</sup>30% discount available at most participating in-network provider locations. May exclude certain frame manufacturers. Please verify all discounts with your provider. <sup>2</sup>Contact lenses are in lieu of eyeglass lenses and/or eyeglass frames.

<sup>3</sup>Necessary contact lenses are determined at the provider's discretion for one or more of the following conditions: Following cataract surgery without intraocular lens implant; to correct extreme vision problems that cannot be corrected with eyeglass lenses and/or frames; with certain conditions such as anisometropia, keratoconus, irregular corneal/astigmatism, aphakia, pathological myopia, aniseikonia, aniridia, facial deformity, or corneal deformity. If your provider considers your contacts necessary, you should ask your provider to contact UnitedHealthcare vision confirming the reimbursement that UnitedHealthcare will make before you purchase such contacts.

#### Important to Remember:

#### In-Network

- Always identify yourself as a UnitedHealthcare vision member when making your appointment. This will assist the provider in obtaining your benefit information.
- Patient options such as UV coating, progressive lenses, etc., which are not covered-in-full, may be available at a discount at participating
  providers. Based on state guidelines, lens materials and options may not be available at these discounted prices at all provider locations.
  Please ask your provider for details. The Lens Options list can be found at myuhcvision.com.

#### **Choice and Access of Vision Care Providers**

UnitedHealthcare offers its vision program through a national network including both private practice and retail chain providers. To access the Provider Locator service or for a printed directory, visit our website myuhcvision.com or call (800) 638-3120, 24 hours a day, seven days a week. You may also view your benefits, search for a provider or print an ID card online at myuhcvision.com.

Retain this UnitedHealthcare vision benefit summary which includes detailed benefit information and instructions on how to use the program. Please refer to your Certificate of Coverage for a full explanation of benefits.

**In-Network Provider** - Copays and non-covered patient options are paid to provider by program participant at the time of service. **Out-of-Network Provider** - Participant pays all billed charges to the provider, and UnitedHealthcare reimburses the participant for services rendered up to the maximum allowance. Copays do not apply to out-of-network benefits. Receipts for payments should be submitted within 90 days after the date of service to the following address: UnitedHealthcare Vision, Attn. Claims Department, P.O. Box 30978, Salt Lake City, UT 84130. If it was not reasonably possible to give written proof in the time required, the Company will not reduce or deny the claim for this reason. However, proof must be filed as soon as reasonably possible, but no later than 1 year after the date of service unless the Covered Person was legally incapacitated.

#### Customer Service is available toll-free at (800) 638-3120 from 8:00 a.m. to 11:00 p.m. Eastern Time Monday through Friday,

#### and 9:00 a.m. to 6:30 p.m. Eastern Time on Saturday.

This Benefit Summary is intended only to highlight your benefits and should not be relied upon to fully determine coverage. This benefit plan may not cover all of your healthcare expenses. More complete descriptions of benefits and the terms under which they are provided are contained in the certificate of coverage that you will receive upon enrolling in the plan. If this Benefit Summary conflicts in any way with the Policy issued to your employer, the Policy shall prevail.

UnitedHealthcare vision coverage provided by or through UnitedHealthcare Insurance Company, located in Hartford, Connecticut, UnitedHealthcare Insurance Company of New York, located in Islandia, New York, or its affiliates. Administrative services provided by Spectera, Inc., United HealthCare Services, Inc. or their affiliates. Plans sold in Texas use policy form number VPOL.18.TX or VPOL.18TX and associated COC form number VCOC.INT.18.TX or VCOC.CER.18.TX. Plans sold in Virginia use policy form number VPOL.18.VA or VPOL.18.VA and associated COC form number VCOC.INT.18.VA or VCOC.CER.18.VA. If you opt to receive vision care services or vision care materials that are not covered benefits under this plan, a participating vision care provider may charge you their normal fee for such services or materials. Prior to providing you with vision care services or vision care materials that are not covered benefits, the vision care provider will provide you with an estimated cost for each service or material upon your request. This cost may be higher than if you had received only covered vision services and you may incur addition out-of-pocket expenses. Eyewear materials may be ordered through the Spectera Eyecare Networks lab network with which UnitedHealthcare has a business relationship.





# **2020 Benefits Enrollment Guide**

# **Alpha & Omega Building Services**

Effective Date: April 1, 2020

# **OVERVIEW & ELIGIBILITY**



We are happy to announce that **Century Healthcare** has joined **The American Worker** family. Effective **April 1, 2020**, your current benefit plan will transition to The American Worker. To make this transition easy for our employees, all current members and their dependents will have coverage rolled over to similar benefits with The American Worker.

Alpha & Omega Building Services values the contributions of our employees. In appreciation of your dedicated service, we are pleased to offer The American Worker program. Please carefully review this enrollment guide so you understand the benefits being provided and can make the right choices for you and your family.

# **About Your Coverage**

#### FIXED INDEMNITY BENEFITS

- First dollar coverage for Doctor Office Visits, Diagnostic X-Rays and Lab Work, Hospital Stays and more
- Key features include no deductibles, copays, pre-existing condition limitations or waiting periods
- Prescription Drugs
- National PPO Network, PHCS

#### FREESTANDING COVERAGE OPTIONS

- Dental Benefit
- Vision Coverage

# **Take The Next Step**

For your convenience, you can enroll in coverage online or by phone. If you are newly eligible for benefit coverage and do not enroll in coverage now, you will not be able to enroll until the next Open Enrollment period, unless you have a Qualifying Life Event.

Effective Date: April 1, 2020

**Online:** Visit <u>www.TheAmericanWorker.com</u> Available anytime, day or night **Phone:** Call **(888) 798-9480** Available Monday - Friday, 7:00 AM - 7:00 PM CST

# FIXED INDEMNITY



The American Worker Fixed Indemnity Plans provide affordable, first dollar coverage. The plans offer coverage for basic healthcare services and prescription drug coverage.

The Fixed Indemnity Plans are underwritten by Companion Life Insurance Company. The plans include Accident Medical, AD&D, Pharmacy Benefits and PHCS PPO Network, which are provided by separate vendors. **All benefits pay on a calendar year basis per person, unless stated otherwise**.

PLAN 2 A		PLAN 2 B	
Services	Value	Premier	
Physician's Office Visit	\$50 per day; 3 days per year	\$70 per day; 4 days per year	
Outpatient Diagnostic X-Ray & Lab	\$65 per testing day; 3 days per year	\$75 per testing day; 3 days per year	
Preventive Care	\$50 per day; 1 day per year	\$70 per day; 1 day per year	
Outpatient Surgical Outpatient Minor Surgical Outpatient Anesthesia	N/A \$50 per day; 1 day per year N/A	\$2,000 per day; 1 day per year \$70 per day; 1 day per year \$500 per day; 1 day per year	
Inpatient Surgical Inpatient Anesthesia	N/A N/A	\$2,000 per day; 1 day per year \$500 per day; 1 day per year	
Hospital Indemnity	\$150 per day; 10 days per year	\$300 per day; 10 days per year	
Intensive Care	\$300 per day; 3 days per year	\$600 per day; 3 days per year	
Substance Abuse	\$75 per day; 3 days per year	\$150 per day; 3 days per year	
Mental Illness	\$75 per day; 3 days per year	\$150 per day; 3 days per year	
Skilled Nursing Facility	\$75 per day; 6 days per year	\$150 per day; 6 days per year	
Life Insurance (Employee Only)	\$10,000	\$10,000	
*Accident Medical Expense	\$5,000 maximum benefit per injury	\$5,000 maximum benefit per injury	
*Accidental Death & Dismemberment Employee / Spouse / Child	\$15,000 / \$7,500 / \$3,000	\$15,000 / \$7,500 / \$3,000	
*Prescription Benefits	Discount Rx Plan	Copay Rx Plan	
*PHCS Network	Physician a	nd Hospital	
Weekly Rates	Value	Premier	
Employee Only Employee + Spouse Employee + Child(ren)	\$7.52 \$21.05 \$15.94	\$18.78 \$46.53 \$36.12	
Family	\$28.05	\$62.70	

\*Services not underwritten by Companion Life Insurance Company. Plans are not available to residents of NH.

The Fixed Indemnity Plan is (a) not a substitute for minimum essential health coverage under the Affordable Care Act (ACA); and (b) does not qualify as minimum essential coverage under the ACA.



# **PHCS PPO Limited Benefit Network**

All plan designs provide covered individuals access to a PPO Network that allows them to take advantage of network negotiated rates.

# **Discount Rx Plan**

Employees and their dependents pay the lesser of the pharmacy's usual and customary fee or the contract rate. Discounts are available on both generic and brand name drugs. Contraceptive drugs are included. Receive instant savings of up to 85% based on all FDA approved drugs (brand & generic) at the pharmacy filling the claim. No claim forms required. Prescriptions for 30-day supplies can be filled at more than 58,000 participating pharmacies nationwide including all of the national chains and over 90% of independent pharmacies.

Your discount may also apply to certain over-the-counter medications, diabetic supplies that have an NDC (National Drug Code), and even for certain pet medications that have human equivalent medications. For additional savings, you may also utilize our mail order pharmacy for 90 day supplies.

# **Copay Rx Plan**

- Tier 1 (Most Generics): \$10 Co-Pay
- Tier 2 (Some Generics & Preferred/Formulary Brand Name): \$50 or 50%; whichever is greater
- Tier 3 (Non-Preferred / Non-Formulary Brand Name): Employees pay 100% of the cost after pharmacy discounts

Mail Order option available for 90 day prescription supply.

- Tier 1: \$25 copay
- Tier 2: \$125 or 50%
- Monthly Maximum: \$200 Employee / \$400 Family
- No Deductible

# FREESTANDING COVERAGE OPTIONS



# **Dental Insurance**

Keep a bright, healthy smile while supporting your overall well-being with affordable dental coverage.

# LOCATE NETWORK PROVIDERS Visit www.Ameritas.com Select "FIND A PROVIDER" Select "DENTAL" Select "NETWORK PROVIDER"

Select "CLASSIC PPO" network.

Select "CLASSIC PPO" network.	FLAN 2 C	
Calendar Year Maximum	Up to \$1,000 per Covered Member	
Deductible	\$0 per Visit	
Covered Services	Maximum Covered Expense*	
Type 1 - No Waiting Period		
Comprehensive Oral Evaluation Bitewing - Single Radiographic Image Prophylaxis - Adult Sealant - Per Tooth Intraoral - Complete Series of Radiogrpahic Images Panoramic Radiographic Image Space Maintainer - Fixed - Unilateral	\$13.00 \$4.00 \$18.00 \$10.00 \$27.00 \$22.00 \$64.00	
Type 2 - No Waiting Period		
Amalgam - One Surface, Primary or Permanent Resin-based Composite - One Surface, Anterior Resin-based Composite - One Surface, Posterior Endodontic Therapy - Anterior Tooth Periodontal Scaling & Root planing - Four or More Teeth per quadrant Extractions Protective Restoration	\$26.00 \$32.00 \$35.00 \$160.00 \$54.00 \$29.00 \$19.00	
Type 3 - 12 Month Waiting Period		
Resin-based Composite - Crown, Anterior Prefabricated Porcelain/Ceramic - Crown - Primary Tooth Prefabricated Stainless Steel - Crown - Primary Tooth Prefabricated Resin Crown Inlay - Metallic - One Surface Onlay - Metallic - Two Surfaces Crown Resin-based Composite (indirect) Complete Denture - Maxillary	\$52.00 \$48.00 \$44.00 \$52.00 \$137.00 \$178.00 \$78.00 \$222.00	
Orthodontia - 12 Month Waiting Period		
Plan Benefit Lifetime Maximum (per person) Coverage for Adults	50% \$500.00** No	
Weekly Rates		
Employee Only Employee + Spouse Employee + Child(ren) Family	\$2.55 \$4.46 \$5.88 \$7.78	

\*Maximum Covered Expense is the maximum amount considered per procedure.

\*\*Maximum not reduced by prior carrier payment.

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# FREESTANDING COVERAGE OPTIONS





## **Vision Insurance**

A regular eye exam won't just help you see better, it can also detect the first signs of serious health conditions. Visit a VSP Choice provider to get the most benefit from the plan.

# LOCATE NETWORK PROVIDERS

Call (800) 877-7195

#### Visit <u>www.Ameritas.com</u>

• Select "FIND A PROVIDER"

- Select "VISION: VSP"
- Select "LOOK UP VSP PROVIDERS"

PLAN 2 D
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Deductible	\$10 Exam, \$10 Eye Glass Lenses or Frames <sup>1</sup>			
Covered services	VSP Choice Network	Out-of-Network		
Annual Eye Exam	Covered in Full	Up to \$45		
<b>Lenses</b> (per pair) Single Vision Bifocal Trifocal Lenticular	Covered in Full	Up to \$30 Up to \$50 Up to \$65 Up to \$100		
Frame Allowance	\$150 <sup>2</sup>	Up to \$75		
<b>Contact Lenses</b> Fit and Follow Up Exams Elective Medically Necessary	Member cost up to \$60 Up to \$150 Covered in Full	No Benefit Up to \$120 Up to \$210		
Frequency Exam / Lens / Frames	Based on Date of Service 12 Months / 12 Months / 24 Months			
Lens Options <sup>3</sup>				
Std. Polycarbonate	Covered in full for dependent children \$33.00 for Adults	No Benefit		
Scratch Resistant Coating	\$17.00 - \$33.00	No Benefit		
Anti-Reflective Coating	\$43.00 - \$85.00	No Benefit		
Ultraviolet Coating	\$16.00	No Benefit		
Weekly Rates				
Employee Employee + Spouse Employee + Child(ren) Family	\$2.32 \$3.79 \$3.78 \$6.10			

<sup>1</sup>Deductible applies to a complete pair of glasses or to frames, whichever is selected.

<sup>2</sup>The Costco allowance will be the wholesale equivalent.

<sup>3</sup>Lens Option member costs vary by prescription, option chosen and retail locations.

## **BENEFITS ENROLLMENT GUIDE**



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